

DEPARTMENT OF CATECHESIS DIOCESE OF FARIDABAD



CATECHETICAL DIARY 2015-2016

Name.....

Admission No.....Std.....

Parish/Centre.....

Address.....

.....

SCHOLARSHIP EXAMINATION 2014-15

First Rank Holders

1st Rank



Abin Prince,
R.K. Puram
Class-I



Amita Anna Shaji,
Pushp Vihar,
Class-II



Sharon Saju
Karolbagh, Class-II



Donna Elizabeth,
Hari Nagar CL-III



Sebin Varghese,
South Extn., Class-IV



Amal Mathews,
Burari, Class-V



Blessy Thomas,
Burari, Class-VI



Shruthi Maria Shibu,
South Extn,
Class-VIII



Ashita Sibichan,
Jasola, Class-VIII



Arsha Liz M Jos,
Dilshad Garden,
Class-IX



Neha Maria
Benny Jasola,
Class-X



Shiji Bose, Tagore
Garden, Class-XI



Febia V Mathew,
Jasola, Class-XII



Catechetical Diary 2015-2016

Name.....

Admission No.....Std.....

Parish/Centre.....

Address.....

.....

Personal Data

- Baptismal Name : _____
- Parents' Name : _____
- Surname/Family Name : _____
- Date of Birth : _____
- Date of Baptism : _____
- Holy Communion : _____
- Confirmation : _____
- Tel. No. : _____

Diocese of Faridabad at a Glance

Heavenly Patron	St.Thomas Apostle
Head of the Catholic Church	Pope Francis
Head of the Syro Malabar Church	Cardinal Mar George Allencherry
Apostolic Nuncio	Archbishop Salvatore Pennaccio
Our Bishop	Archbishop Kuriakose Bharanikulangara
Cathedral	Kristuraja Cathedral, Faridabad
Population	150000
Area of the Diocese	National Capital Territory of Delhi, Hariyana, Punjab, Himachal Pradesh, Jammu and Kashmir and two districts of Uttar Pradesh - Ghaziabad and Gautam Buddh Nagar
Parishes & Mass Centers	46
Priests	72
Sisters	855
Churches	15
Chapels	50
Religious Houses For Men	24
Religious Houses for Women	163
Educational Institutions	32
Health Care Centers	12
Social Welfare Programmes	37
Central Office 1B/32, N.E.A., Old Rajender Nagar, New Delhi-110060 Tel.: 011-25759160 E-mail: dsmcatechism@gmail.com Website:www.catechismfaridabad.com	

Motto of the year 2015 -2016

FAITH FORMATION TO LIVE OUT VOCATION

People need a faith that helps them in making the fundamental choices at various critical juncture in their lives. The present generation is expected to have a stronger faith than their forefathers, which is essential for them to face challenges and temptations of this time with strength and determination. Faith formation would help the young to recognize the call of God. It would enable them to live out their vocation in ways that helps them identify as a Christian - as the light, the leaven and the salt. Catechesis allows the children to take decision in the light of the teachings of the Gospel and the Church; help the children to nourish their lives through a prayerful encounter with the Lord in his Word, in the sacraments and in the liturgy.

FARIDABAD DIOCESAN CATECHETICAL COMMISSION

Name	Designation	Telephone Number
Archbishop Kuriakose Bharanikulangara	Bishop	9716525555
Fr. Jiju Thuruthikkara	Director	9810807214
Mr.Regis Thomas	Secretary	9891303293
Mr. Jacob Thomas	Jt. Secretary	9818171996

CATECHETICAL ZONES

EAST ZONE	WEST ZONE	NORTH ZONE	SOUTH ZONE
Dilshad Garden	Dwarka	Ashok Vihar	Aya Nagar
Indirapuram & Vaishali	Gurgaon St.Claret	Burari	Faridabad, Christ the King
Geeta Colony	Gurgaon S.H.	Karol Bagh	Faridabad, St.Peter's Mass Center
Mayur Vihar Ph.I	Hari Nagar	Kingsway Camp	Kalkaji
Mayur Vihar Ph.II & IP Extention	Janakpuri	Motiakhan (Paharganj)	Lado Sarai
Mayur Vihar Ph.III		Motiakhan (Gole Dak Khana)	Okhla
NOIDA	Mahipalpur	Rohini	Pupsh Vihar
Sahibabad	Najafgarh	Shahbad	R.K.Puram
	Palam	Tagore Garden	South Extn.
	Vikasपुरi		Sanjoepuram

CATECHETICAL UNIT OUT SIDE DELHI REGION

Chandigarh, Ludhiana

CATECHISM PROMOTERS

SOUTH ZONE

1. Mr. Sebastian V. Kolleru
Church of Assumption, Mayur Vihar Ph. III
2. Mr. Johnykutty CA - Church of Assumption, Mayur Vihar Ph. I
3. Mr. Thomas K.J, Sahibabad
4. Mr. Sebastian Joseph, Indirapuram-Vaishali

WEST ZONE

1. Mr. Antony P, St.Jude Thaddeus Parish, Ashok Vihar
2. Mrs.Aleyamma Abraham, St.Augustine's Parish, Karol Bagh
3. Mr.Kuruvila, Shahbad
4. Mr.Biju Mathew, Motiakhan

EAST ZONE

1. Mr. Jacob Thomas,
Our Lady of Fatima parish , Okhla
2. Mr.Jose George, Holy Family Parish, Pushpa Vihar
3. Mathew Mathai, Little Flower Parish, Lado Sarai
4. Mr.Thomas, South Extn.

NORTH ZONE

1. Mr. Joseph A.J , Bl. Kuriakose
Elias Parish, Hari Nagar.
2. Mr.Joy Joseph, St Ephrem's Parish, Vikasपुरi.

SYLLABUS FOR THE ACADEMIC YEAR 2015-2016

The academic year is divided into two semesters and both consists of 17 classes. The syllabus will be as follows:

Std	Text Book	Add. Text	Bible	Text Book	Add. Texts	Bible
Class I	1-7			8-15		
Class II	1-7			8-15		
Class III	1-7			8-15		
Class IV	1-7	1-2	Mt. 1-4	8-15	3-4	Mt. 5-8
Class V	1-7	1-2	Mt. 9-12	8-15	3-4	Mt. 13-16
Class VI	1-7	1-2	Mt. 17-22	8-15	3-4	Mt. 23-28
Class VII	1-7	1-2	Lk. 1-6	8-15	3-4	Lk. 7-12
Class VIII	1-7	1-2	Lk. 13-18	8-15	3-4	Lk. 19-24
Class IX	1-7	1-2	Mk. 1-8	8-15	3-4	Mk. 9-16
Class X	1-7		Jn. 1-10	8-15		Jn. 11-21
Class XI	1-6			7-12		
Class XII	1-6			7-12		



LOGOS QUIZ

2015

- Last Date of Registration - July 26th Sunday
- Date of exam - September 27 Sunday, 2.00 pm to 3.30 pm
This year the registraion will be online for details visit ;
www.catechismfaridabad.com
Portion- Numbers 1-10; Proverbs 1-9;
John 1-12; Letter of Judas

GENERAL INFORMATION

1. CATECHISM

Catechism is education in the faith of Children, youth and adults which includes the teaching of Christian doctrine, imparted in an organic and systematic way, with a view of initiating the hearers into the fullness of Christian life. It is the mission and task entrusted to the Church by the Lord, to safeguard and impart faith. Catechesis is to present the sacred doctrines of faith and morals, and make it acceptable and experiential to the faithful, especially the children.

2. ACADEMIC YEAR

Sunday School academic year shall be from the second Sunday of July to the last Sunday of April every year. The units shall take utmost care not to give unnecessary holidays for Catechism classes.

3. CLASSES

As far as possible the units shall conduct classes for all the sections from KG to XII Standard. Lack of enough number of students and teachers may necessitate clubbing two classes together. In such a situation, the unit is free to choose which texts shall be followed in the particular section.

4. CATECHETICAL ASSEMBLY

Each unit shall conduct an Assembly prior to Sunday classes. The assembly will consist of an Anthem, a Pledge, a Prayer and listening to recent Church news, Bible reading, Group Activities etc.

5. DURATION

Duration of catechism classes should be minimum one hour.

6. FAMILY CHATECHISM HOUR (FCH)

Family is the cradle of catechesis. It is an intensive catechism hour in the families on Saturdays to study catechism. It is advisable to keep same hour in a parish.

7. TEXT BOOK AND DIARY

Each student shall have a copy of the text book prescribed for the respective section and the catechetical diary prepared every year. Catechetical diary is a handbook with all necessary information on Sunday School academic year.

8. EXAMINATIONS

There shall be two exams in an academic year, 1st semester and 2nd semester examinations. 1st semester examination will be on November 15, Sunday 2015 and 2nd semester examination will be on April 10, 2016.

- Every unit shall try to stick to the timing as far as possible unless there is any sufficient reason otherwise.

- Question papers shall be prepared for each section separately and provided from the centre.

9. PERCENTAGE FOR SEMESTER EXAMINATIONS

Class	Text Book	Bible and Common prayers	Saints Book	General / Church News	Internal Assessment	Total
1						
2	90				10	100
3						
4						
5						
6	60	10 + 5	10	5	10	100
7						
8						
9						
10	70	10 + 5		5	10	100
11	80			10	10	100
12						

10. PERCENTAGE FOR SCHOLARSHIP EXAMINATION

Class	Text Book	Bible and Common prayers	Saints Book	General Church News	Total
1	Questions will be only from text book				100
2					
3					
4					
5					
6	65	20	10	5	100
7					
8					
9					
10	75	20		5	100
11	95			5	100
12					

11. INTERNAL ASSESSMENT SCHEME (IAS)

Internal assessment is aimed at evaluating the Christian spirit and values in the life of a catechism student. The class teacher should note down the assessment of the student based on the character, sacramental life, prayer life, behaviour in the Church, involvement in the parish activities,

participation the pious association and family units, readiness to help others etc. Internal assessment should be marked in each semester.

12. USAGE OF HOLY BIBLE

Follow RSV / NRSV Bible in English or POC in Malayalam for Catechism and Logos examinations.

13. MODEL SUNDAY SCHOOL

On the basis of promoter visit and further investigations, few catechism units will be announced as Model Sunday School every year.

14. ATTENDANCE

Minimum 50% of attendance in the catechism class is mandatory for students to appear for the examinations.

15. PRIZES AND AWARDS

Each standard will have 1st, 2nd and 3rd study prizes. The students who score top marks and full attendance will be awarded.

16. CATECHETICAL SCHOLARSHIPS

Those who score 90% and above upto 5th Class and 80% and above marks from Class-6 to 12 (both examinations) are eligible for Scholarship examinations. I, II and IIIrd ranks in the Scholarship examination will be awarded. Certificates will be issued for those who have got 70% and above marks in scholarship examinations.

17. SUNDAY SCHOOL CERTIFICATES

Sunday school certificates shall be given to all the students who complete tenth and twelfth classes of the Sunday School.

18. SUNDAY SCHOOL TEACHERS

Catechism teachers have to give living witness to the children in the community. Each unit should have a Head Teacher (HM), Secretary, sufficient number of teachers and some auxiliary staff for substitution in the case of absence of a regular teacher. It is advised that the head teacher may be changed after a period of 3-5 years.

- No class should be missed due to absence of teachers.
- It is advisable that the teachers shall not be shifted from one section to another frequently and unnecessarily.
- Teachers shall be those who are brought up in Catholic faith, frequenting the sacraments, accepted in the community, regular in the class and undergone orientation.
- Teachers shall prepare the lessons in advance.
- Regular Staff meetings shall be conducted on a monthly basis.
- Secretary has to write the minutes of the meeting.

- Teachers shall maintain attendance registers.
- HM shall be a parish/mass centre committee member too.
- Sufficient fund should be sanctioned from the parish for Catechism.

19. SUNDAY SCHOOL TEACHERS' ENRICHMENT PROGRAMMES (SSTEPS)

Catechism Teachers Training Programme will be conducted thrice in an year.

- Orientation Seminar, which will be done in the beginning of this academic year.
- A teacher's convention
- Catechism Teacher's Training Course (CTTC) for two days.
- Advanced Catechism Training (ACT).

20. TEACHER'S DAY

Teachers' Day will be celebrated on the following Sunday of the feast of St.Charles Boromeo (4th November), the patron of catechism teachers. This day is specially set apart to remember and honour the teachers. The gathering of all the teachers will be held on this day at unit level.

21. CATECHETICAL DAY

Every unit shall celebrate Faith Formation Sunday given in the calendar in order to give awareness to the whole parish on the need of Catechesis. Mass shall be celebrated focussing on faith formation and giving more participation for children, meetings and seminars shall be conducted for parents, teachers shall be honoured on the day, talented students shall be awarded etc.

22. BIBLE DAY

All the units have to arrange some biblical programmes on this day in order to propagate the message of Bible, Programmes like Skits, Songs, Bible quiz etc. can be arranged.

23. CATECHETICAL LITERAL ART PROGRAMMES (CLAP)

It is advisable to conduct short meetings with small cultural programs during important days like Parish feast day, Independence Day, Mission Sunday, Christmas etc. to highlight the importance of the event and to give opportunity to children to develop their talents.

24. CATECHETICAL LIBRARY

It is good to have a library for each catechetical units for reference and use of teachers and students. It helps to develop the reading habits of the children especially of spiritual books.

25. CATECHETICAL DIGITAL LIBRARY & SMART CLASSROOM

A collection of (about 500) films on Bible, Saints and Moral Values are available at catechism department. The list of them are published in the website. Those who want any of them can copy free of cost by contacting catechism director. It is advisable to start Smart Classroom in each parish for this purpose.

26. SACRAMENTS

Students shall be encouraged to receive sacraments of Confession and Holy Communion frequently.

- They shall be familiarized with prayers and songs of the Holy Mass.
- It is advisable that the second reading of Sunday shall be read by a Sunday School student.
- Transliterated texts are available and should be used by those who can not read or write in Malayalam.
- There shall be special preparation for First Holy Communion and Confirmation.
- Students shall be administered First Holy Communion preferably in the fourth standard.

27. ALTAR SERVERS

Altar Servers shall be trained from among the Sunday School students.

28. CHILDREN'S CHOIR GROUP

Each unit shall form a student choir group and will give them opportunities to sing during Holy Mass and other occasions.

29. WEBSITE: WWW.CATECHISMFARIDABAD.COM

Website contains all details of the Department of Catechesis, Diocese of Faridabad. News, information about the Catechetical Units, circulars, study materials, Photo and Video Galleries etc are also available in the website.

30. STUDENTS CORNER

The students can upload their creative works such as articles, stories, poems, paintings, PPT etc through the link *POST YOUR ARTICLE* in the website. The selected will be published on the page *STUDENTS CORNER* in the website.

31. CHILDREN'S CONVENTION

There will be Children's Convention every year. The zonal wise convention will be conducted according to the convenience of respective zones.

CATECHETICAL YEAR PLANNER 2015-16

SEMESTER- I

JULY 2015

03	FRIDAY	DUKHRANA – feast of ST. Thomas. JOHN 20:24-29, EPH.2:19-22
05	SUNDAY	Catechism Academical year Inauguration & Teachers Seminar LK. 13:22-30, 1 COR. 16:1-14
12	SUNDAY	Class-1, Sunday school Re-Opens at unit level, LK.14:7-14, Cor.1:9-16. (Season of Kaitha)
15	WEDNESDAY	ST. Kuriakose, Feast of Archbishop
16	THURSDAY	Our Lady of Mount Carmel
19	SUNDAY	Class-2, LK. 15:11-32, 2 COR: 3:4-12
24	FRIDAY	Mar Mari
25	SATURDAY	ST. Jacob The Apostle & ST.Joachim & ST. Anna (Parents of Mother Mary)
26	SUNDAY	Class-3, JN: 9:1-12, 2 COR. 7:1-11, Last day for Logos Quiz Registration
28	TUESDAY	ST. Alphonsa.
29	WEDNESDAY	ST. Martha
31	FRIDAY	ST.Ignatius Layola

August 2015

01	SATURDAY	15 Days of Lent Begins
02	SUNDAY	Class-4, MK: 7:1-13, 2 COR: 10:12-18
04	TUESDAY	ST. John Maria Vianny –Patron saint of Priests
06	THURSDAY	Transfiguration of our Lord
09	SUNDAY	Class-5 LK: 16:19-31, 2 COR. 12:14-21
11	TUESDAY	ST.Clare
15	SATURDAY	Feast of Assumption of our Lady (Day of Obligation), India Independence Day (JN: 2:1-12, ROM. 16:17-27)
16	SUNDAY	Class-6 LK. 17:11-19, 1 TES: 2:1-12
21	FRIDAY	ST. Pius X
23	SUNDAY	Class-7, LK.18: 1-18, 1 TE S: 2:14-20
28	FRIDAY	ST. Augustine
29	SATURDAY	ST. Euphrasia
30	SUNDAY	Class-8 LK: 18:35-43, 2 TES: 1:3-10 (Season of Elija Sleeva Moses)

September 2015

01	TUESDAY	8 Days of Lent Begins
05	SATURDAY	BL. Mother Teresa

06	SUNDAY	Class-9, Mt. 13:1-9, 2 TESS: 2:14-3:3
08	TUESDAY	Nativity of Mother Mary, MT: 1 : 1-16, REV: 12:1-6
12	SATURDAY	ST. John Chrydostom
13	SUNDAY	Class-10 – MT. 13:24-30, PHILI: 1:12-25
14	MONDAY	Exltation of The Holy Cross
20	SUNDAY	Class -11- MT: 17:14-27, PHI.3:1-11
21	MONDAY	ST. Matherw
26	SATURDAY	ST. Vincent De Paul
27	SUNDAY	Class -12 MT: 17:14-21, PHIL.4:4-9, Logos Quiz Competition
29	TUESDAY	ST.Michael, ST.Gabriel and ST. Raphael
30	WEDNESDAY	ST. Jerome

October-2015

01	THURSDAY	ST. Teresa of Child Jesus
02	FRIDAY	Archangels
03	SATURDAY	ST. Francis Assisi
04	SUNDAY	Class-13, MT: 15:21-28, PHILI: 4:4-9
11	SUNDAY	Class-14, MT: 20:1-16, 2 COR.2.12-17
15	THURSDAY	ST. Theresa of Avila
16	FRIDAY	BL. Thevarparampil Kunjachan
17	SATURDAY	ST. Luke
18	SUNDAY	Class-15, Mission Sunday. MT. 10:1-15, 1 COR: 9:13-18
23	FRIDAY	Santhome Bible Convention -First day
24	SATURDAY	Santhome Bible Convention- Second Day
25	SUNDAY	Santhome Bible Convention- Final day, MT: 8:23-34, GAL: 6:1-10
28	WEDNESDAY	ST. Simon & ST. Jude
31	SATURDAY	All Saints Day

November 2015

01	SUNDAY	Class-16, (Palli Kudasa Season)MT: 16:13-19, 1 COR: 13:1-13
02	MONDAY	All Souls Day, LK 20:1-8, James: 3:6-12
04	WEDNESDAY	ST. Charles Borromeo - Patron saint of Catecism Teachers,Catechism Teachers Day.
05	THURSDAY	ST. Zacharia & ST. Elizabeth
08	SUNDAY	Class-17, MT: 12: 1-13, HEB.8:1-6.
15	SUNDAY	FIRST SEMESTER EXAMINATION FOR ALL CLASSES. JN. 2:13-22, HEB: 9:5-15

SEMESTER II

22	SUNDAY	First Semester Examination Result, Class-1, Feast Of Christ The King, MT.22:41-46, HEB: 9:16-28
29	SUNDAY	Class-2, LK.1:5-25, EPH.5:21-6:4, Season of Annunciation
30	MONDAY	ST. Andrews

December 2015

01	TUESDAY	25 Days Lent Begins (25 Nombu)
03	THURSDAY	ST. Francis Xavier
06	SUNDAY	Class-3, LK. 1:26-38, COL 4:2-6
08	TUESDAY	Immaculate Conception of Our Lady (Amalolbhavam),
13	SUNDAY	Class-4, LK.1:57-66, EPH.3:1-13,
14	MONDAY	ST. John Of The Cross.
18	FRIDAY	Miraculous Cross At Mylapore
20	SUNDAY	Class-5, MT.1:18-24, EPH.5: 5-21
25	FRIDAY	Christmas. LK.2:1-20, GAL.3:15-4:6
26	SATURDAY	ST. Stephen
27	SUNDAY	Class-6, JN. 21:20-24, ROM: 8:35-39, Holy Family, ST. John The Apostle
28	MONDAY	Holy Childhood Day
31	THURSDAY	Year End

January 2016

01	FRIDAY	New Year Day
03	SUNDAY	Class-7, BL. Chavara Kuriakose Elias
06	WEDNESDAY	Epiphany
10	SUNDAY	Class-8
17	SUNDAY	Class-9
20	WEDNESDAY	ST. Sebastian
21	THURSDAY	ST. Agnes
24	SUNDAY	Catechism Teachers Convention
31	SUNDAY	Class-10, ST. John Bosco

February 2016

02	TUESDAY	Presentation of our Lord
07	SUNDAY	Class-11, Pethuratha, 50 Days Lent Begins (50 Nombu), Season of Lent
08	MONDAY	Ash Monday
14	SUNDAY	Class-12
21	SUNDAY	Class-13
28	SUNDAY	Class-14

March 2016

06	SUNDAY	Class-15
13	SUNDAY	Class-16
19	SATURDAY	ST.Joseph
20	SUNDAY	Palm Sunday
24	THURSDAY	Maundy Thursday
25	FRIDAY	Good Friday
26	SATURDAY	Holy Saturday
27	SUNDAY	Easter

April 2016

03	SUNDAY	Class-17
10	SUNDAY	ANNUAL EXAMINATION FOR ALL CLASSES
17	SUNDAY	Annual Examination Result
24	SUNDAY	SCHOLARSHIP EXAMINATION

May 2016

01	SUNDAY	St. Joseph The Worker, Scholarship Examination Valuation & Result
05	THURSDAY	Ascension Of Our Lord
15	SUNDAY	Pentecost Sunday
22	SUNDAY	Trinity Sunday
29	SUNDAY	Corpus Christi

June 2016

03	FRIDAY	Sacred Heart Of Jesus
26	Sunday	Prayer and preparation day for next academic year

JULY 2016

03	SUNDAY	Dukhrana Feast, Re-Opening Day
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A BRIEF HISTORY OF SYRO-MALABAR CHURCH

The Syro-Malabar Church was known as the Church of St. Thomas Christians until the 18th century because it was founded by St. Thomas, one of the Apostles of Jesus Christ. He landed at Cranganore, (Kodungalloor) Kerala in 52 AD, and founded seven Christian communities at Palayur, Kodungalloor, Kakkamangalam, Kottakavu (Parur), Quilon, Niranam and Nilakkal. St. Thomas died as a martyr at Chinnamalai in Mylapore, Tamil Nadu in 72 AD. He was stabbed by some Brahmins for refusing to take part in the worship of a Hindu Goddess. The tomb of the Apostle is venerated at the Little Mount, Mylapore, Chennai. Thus Christianity in India is as old as Christianity itself.

Though the Syro-Malabar Church existed outside the Roman empire, it maintained communion with the Church of Rome, through East Syrian or Chaldean or Babylonian Church. In 345 under the leadership of Thomas of Knanai, a group of Christians from Persian Empire migrated to Southern part of India and their descendants are called Knanites. They also belong to Syro-Malabar Church.

With the Portuguese colonization in the 16th century. European Bishops from the Latin Church were appointed by the Pope to govern the St. Thomas Christians. During this period (1653-1887) many divisions took place in the Syro-Malabar Church, in its attempt to get rid of the rule of the Latin Bishops, who often gave little value to the ancient system of administration and Christian heritage. The last Bishop appointed by the East Syrian Patriarch died in 1597 and the Portuguese tightened their control over the Syro-Malabarians and never permitted East-Syrian Bishops to enter Malabar. In 1599 the Latin Archbishop of Goa convened a synod at Udayamperoor (Diamper) and made the people accept many Latin customs, which was unknown to them. The rule of Latin Bishops was never accepted by the Syro-Malabarians, and the climax of their protest was 'Coonan Cross Oath' which took place in 1653. The leaders to the St. Thomas Christian Community pledged in this oath not to accept the rule of the Jesuit missionaries from whom the Bishops were appointed. The Coonan Cross Oath was a revolt against the oppressive rule of the Europeans and not against the Holy See. After the Oath, St. Thomas Christians were split into two groups. Some remained faithful to Rome again and others joined with the West Syrian Church of Antioch. Efforts continued to re-establish the lost communion, and one group under the leadership of Archbishop Mar Ivanios re-established their communion with Catholic Church in 1930. The Holy See accepted it as a separate Church with the name Syro-Malankara Church.

Those who remained in communion with Pope after the Coonan Cross Oath came to be known as Syro-Malabarians and they continued to fight for their own Bishops and their own rite. It became a reality in 1887 with the establishment of two Apostolic Vicariates of Trichur and Kottayam. Later in 1896 these two Vicariates were divided into three as Trichur, Ernakulam and Changanassery, and the appointment of three indigenous priests as Vicars Apostolic.

Since then syro-Malabar Church grew phenomenally in all aspects. Because of the increased mobility of people many members of the Syro-Malabar Church emigrated to other parts of India and foreign countries. Though they remained members of the Syro-Malabar Church, they had little chance of following their traditions because only Latin Church was present in those areas. The teachings of the second Vatican Council prescribes that the traditions of the Oriental Churches be preserved and fostered, and encourages the faithful to practice and grow in their own traditions wherever they are.

In 1923 the Syro-Malabar Hierarchy was established. On 16th December 1992 Pope John Paul II declared the Syro-Malabar Church as a Major Archiepiscopal Church. Today it has 31 dioceses, 52 bishops, 8547 priests and 32,114 woman religious. The most important heritage of Thomas Christians is the Christ-experience of the Apostle. He bore witness to what he saw, heard, touched and experienced with Jesus.

Landmarks in the History of Syro-Malabar Church

Year	History
AD 52	Arrival of St. Thomas the Apostle at Kodungallur
72	Martyrdom of St. Thomas near Mylapore
345	Arrival of Thomas of Cana in Kerala
1498	Vasco da Gama arrives at Kozhikode
1502	Vasco da Gama arrives at Kochi
1523	The Portuguese excavate tomb of St. Thomas at Mylapore
1597	Mar Abraham, the last of East Syrian bishops dies at Angamaly
1599	Synod of Diamper (Udayamperur)
1653	The Coonan Cross Oath
1658	Joseph Sebastiani, O.C.D, made vicar apostolic of Malabar
1663	Bishop Chandy Parambil appointed vicar apostolic
1700	St. Thomas Christians come under double jurisdiction: The Propaganda represented by the Carmelite vicar apostolic of Varapuzha and Padroado represented by the Archbishop of Kodungallur
1778	Angamaly Convention decides to send a delegation to Rome; historic journey of Kariyattil and Paremmakkal to Rome and Lisbon Melus. Composition of Varthamanapusthakam
1782	Kariyattil consecrated in Lisbon as archbishop of Kodungallur. He dies in Goa in 1786
1861	Rokkos Schism
1874	Melus Schism
1861	Kuriakose Elias Chavara appointed as vicar general of St. Thomas Christians
1887	Pope Leo XIII decrees the separation of the Syro-Malabar Rite; erects two Syro Malabar vicariates apostolic, Thrissur and Kottayam; but appoints Latin bishops as Vicar apostolic. The name Syro Malabar is given to St. Thomas Catholic community
1896	Erection of three Syro Malabar vicariates, Thrissur, Ernakulam, and Changanachery and appointments of Indian bishops as vicar apostolic
1911	Pope Pius X erects a fourth vicariate, Kottayam, for the Knanites
1923	Pius XI restores the Syro-Malabar hierarchy
1954	Pius XII appoints a commission to revise the liturgical texts
1956	Changanachery raised to metropolity
1962	Malayalam translation of the Qurbana introduced
1962	Chanda, the first exarchate outside Kerala entrusted to the Syro-Malabar Church
1969	Archbishop Joseph Parecattil installed as the first cardinal of the Syro-Malabar Church.
1986	Pope John Paul II beatifies Fr. Kuriakose Elias Chavara and Sr. Alphonsa at Kottayam
1990	Code of Canons (Canon Law) of the Oriental Churches promulgated

Landmarks in the History of Syro-Malabar Church

1992	A Pontifical Commission visits Syro Malabar Church
1992	The Syro-Malabar Church elevated to the rank of Major Archiepiscopal status with title Ernakulam-Angamaly. Antony Cardinal Padiyara appointed as the first Major Archbishop of the Syro-Malabar Church. Archbishop Abraham Kattumana was appointed pontifical delegate to the Syro-Malabar Church with all powers of Major Archbishop
1995	Archbishop Abraham Kattumana, the Pontifical delegate, dies in Rome
1995	Thrissur and Thalassery are raised to archdioceses
1997	Archbishop Mar Varkey Vithayathil is appointed as Administrator of Ernakulam - Angamaly for the Syro-Malabar Church and also Administrator of the Archdiocese of Ernakulam
1998	The Syro-Malabar Synod was given powers to decide the Syro-Malabar Liturgical matters. This power was reserved by the Holy See in 1992 when the Syro-Malabar Church was elevated to the rank of Major Episcopal status
2000	Pope John Paul II beatifies Sr. Mariam Theresa
2004	Pope John Paul II granted power to the Syro-Malabar Church elect bishops in Kerala.
2005	Pope John Paul II Expired. Cardinal Joseph Ratzinger elected as new Pope and receives the name Benedict – XVI Kottayam Diocese raised as Archdiocese
2006	Thevarparambil Kunjachan was beatified by Major Archbishop Varkey Vithayathil, at Ramapuram Palai Sr. Euphrasia was beatified by Major Archbishop Varkey Vithayathil, at Ollur, Thrissur
2007	Bishop Gratian Mundadan of Bijinor appointed by Pope as Apostolic Visitor for Syro Malabar faithful outside Kerala Apostolic visitator Bishop Gratian Mundadan visited Delhi
2008	Canonization of St. Alphonsa on October 12
2011	Major Archbishop Cardinal Varkey Vithayathil expired on April 1
2011	New Major Archbishop Mar George Alencherry elected on May 24
2012	Major Archbishop Mar George Alencherry was made Cardinal and member of the consistory on February 18, 2012
2012	Pope Benedict XVI th erected the Diocese of Faridabad (Syro Malabar Diocese comprising six states in the Northern Region of India) on March 6, 2012
2012	Archbishop Kuriakose Bharanikulangara ordained as the first Bishop of Faridabad Diocese on May 26, 2012
2013	Pope Benedict XVI resigned from His Papal Office on February 28, 2013
2013	The conclave elected Jorge Mario Bergoglio as new Pope, who chose the papal name Francis on March 13, 2013
2014	Canonization of St.Kuriakose Elias Chavara and St.Euphrasia on November 23
2015	Pope Francis promulgated new encyclical 'LAUDATO SI (Praise be to You) on May 24
2015	Pope Francis declared Year of Consecrated life from Nov.30,2014-Feb 2,2016
2015	Pope Francis declared Year of Mercy from Dec 08,2015- Nov 20, 2016

Church QUIZ

I. Bible

1. The whole Bible is divided into two. Which are they?
2. How many books are there in the Bible?
3. How many books are there in the Old Testament?
4. How many books are there in the New Testament?
5. Which is the first book of the Bible?
6. Which is the last book of the Bible?
7. Which is the shortest book in the Bible?
8. Which is the longest book in the Bible?
9. Which is the longest chapter in the Bible ?
10. Which is the shortest chapter in the Bible?
11. Which is the longest verse in the Bible?
12. Which is the shortest verse in the Bible?
13. Which book of the Bible is called The prayer book of the Bible?
14. What is the Hebrew name for Pentateuch?
15. Which are the books of the Bible named after women?
16. In which language the New Testament was written first?
17. Who did write the Acts of Apostles?
18. Who divided the Bible into chapters?
19. Which is the first Gospel written among four Gospels?
20. Which is the shortest book in the Old Testament?
21. What are the symbolic features of the each Gospel?

II. Popes and Councils

1. Who is the visible head of the catholic Church?
2. Who was the first Pope of the Church?
3. Who was the second Pope of the Church?
4. How many Popes have ruled the Church till this time?
5. Who is the present Pope?
6. Name the first Ecumenical Council of the Church and the year?
7. When did Vatican Council II begin and end? Who were the Popes at that time?
8. How many Ecumenical Councils were convened in the Church?

III. Church History (General)

1. Who is the first martyr in the Church?
2. Who is the patron saint of priests?
3. Name the emperor who declared Sunday a holiday?
4. How many rites are there in the Church?
5. Who is called the Apostle of Gentiles?
6. Name the saint proclaimed by Pope John Paul II in October 1997 as the “Doctor of the Church”?

7. Name the four types of miracles?
8. Which are the sacraments of initiation?
9. Who did call the Church of Christ as catholic Church for the first time?
10. Who is the first Church historian?Name his important work?

IV. Church History (Indian & Syro- Malabar)

1. How many rites are there in India?
2. Who is the Apostle of India?
3. When and where did St. Thomas die?
4. Who is the second Apostle of India?
5. When did Francis Xavier reach India?
6. Who is the first Indian Cardinal?
7. Who is the Apostolic Nuncio to India?
8. Who is the present president of C.B.C.I?
9. Who is the present president of K.C.B.C?
10. In which year the Syro-Malabar Hierarchy was established?
11. Name the Pope who established the Syro-Malabar Hierarchy?
12. In which year the Syro-Malabar Church was declared a Major Archiepiscopal Church?
13. Who is the first Major Archbishop of the Syro-Malabar Church?
14. Who is the present Major Archbishop of the Syro-Malabar Church?
15. Which are the Major Archiepiscopal Churches other than the Syro-Malabar Church?
16. Who is the first cardinal of the Syro-Malabar Church?
17. Who is the first saint from the Syro-Malabar Church?
18. Name the persons beatified from Syro-Malabar Church?
19. How many dioceses are there in the Syro-Malabar Church?
20. Which is the first mission diocese of the Syro-Malabar Church?
21. Which are the two fasting days in the Syro-Malabar Church?
22. Where is the headquarter of the Syro-Malabar Church is situated?

V. Etymology (Word-Meanings)

1. Bible-Biblion-Book
2. Amen-Sobe it;let it be done;true
3. Sanhedrin-The highest jewish court
4. Bethel-The house of the lord
5. Bethlehem- The house of bread
6. Penuel-The face of the lord
7. Messiah-Anointed
8. Hosana-Lord save us
9. Pentecost-50th day
10. Apostle-One who is sent with a mission.

11. Mar – Lord/saint
12. Sapra-Morning Prayers
13. Ramsa-Evening prayers
14. Leliya-Night prayers
15. 'Yahweh-shalom'-Lord our peace
16. John- Lord have shown mercy on us
17. Mathew-The gift of God
18. Liturgy-leitourgia-public activity
19. Sleeva-Cross
20. Qudassa-The sanctifying act
21. Emmanuel-God with us

VI. Short forms-Full forms

1. B.C-Before Christ
2. A.D-Anno Domini(Year of the Lord)
3. I.H.S-Iesus Hominum Salvator(Jesus the saviour of mankind)
4. I.N.R.I-Iesus Nazarenus Rex Ieudarorum(Jesus of Nazareth, The King of Jews)
5. A.M.D.G-Ad Majorem Dei Gloriam (for the greater Glory of God)
6. K.C.B.C-Kerala Catholic Bishops Council
7. C.B.C.I-Catholic Bishops Conference of India
8. S.M.C.C-Syro Malabar Catechetical Committee

VII. Word-Explanations

1. Ash Monday-The beginning of the lenten season.The priest put ashes on the foreheads of the faithful, reminding us of the deeper meaning of the season of preparation for Easter.
2. Good Friday-The Friday in Holy Week.We commemorate the death of Jesus on the cross to save the world.
3. Easter- The feast of the Resurrection of the Lord
4. Encyclical-A letter of the Pope that is meant for all the Catholics.
5. Heaven-A state of total happiness after death in communion with God.
6. Hell-Eternal separation from God, who is the Lord of life and happiness.
7. Pentateuch-The first five books of the Bible,taken together as a set.
8. Exodus-The second book of the Bible.The name Exodus means the departure of the people of the Israel from the exile in Egypt,journey across the desert.
9. Pope-The head of the Church.The successor of Peter,the Apostle and the bishop of the Church of Rome.He has supreme jurisdiction over the universal Church
10. Patriarch-is a Bishop who enjoys power over all bishops and other Christian faithful of the Church over which he presides.
11. Major Archbishop- is the head Major Archiepiscopal Church who presides over an entire Eastern Church "Sui Iuris", but not endowed with the patriarchal title.

Church QUIZ ANSWERS

I. Bible

1. Old Testament and New Testament
2. 73
3. 46
4. 27
5. Genesis
6. The Book of Revelation
7. II John
8. Book of Psalms
9. Psalm 119
10. Psalm 117
11. Esther 8,9
12. John 11,35
13. Psalms
14. Torah
15. Ruth, Esther, Judith.
16. Greek
17. Luke
18. Cardinal Stephen Langton in 1216
19. St. Mark's Gospel
20. Obadiah
21. Mathew-Man
Mark-Lion
Luke-Bull
John-Eagle

II. Popes & Councils

1. Pope
2. St. Peter, the Apostle
3. Pope Linus
4. 266
5. Pope Francis
6. Nicea, A.D. 325
7. 11 October 1962 - Pope John XXIII, 8 December 1965 - Pope Paul VI
8. 21

III. Church History (General)

1. St. Stephen
2. St. John Maria Vianney
3. Emperor Constantine
4. 23

5. St. Paul
6. St. Therese of Lisieux (Little Flower)
7. Healing, Raising of dead, Nature miracle, Exorcism
8. Baptism, Confirmation, Holy Eucharist
9. St. Ignatius of Antioch
10. Eusebius, Historia Ecclesiastica

IV. Church History (Indian & Syro-Malabar)

1. Three. Latin, Syro-Malankara, Syro-Malabar
2. St. Thomas
3. At Mylapore on the 3rd of July in 72 A.D.
4. St. Francis Xavier
5. May 6, 1542
6. Archbishop Valerian Gracious
7. Archbishop Salvatore Pennacchio
8. Cardinal Oswald Gracious
9. Archbishop Mar Andrews Thazhath
10. 21 December, 1923
11. Pope Pius XI
12. 16th December 1992
13. Major Archbishop Mar Antony Padiyara
14. Major Archbishop Mar George Allencherry
15. Ukrainian Catholic Church, Syro-Malankara Catholic Church
16. Mar Joseph Parecattil
17. St. Alphonsa
18. Blessed Mariam Theresia, Blessed Thevarparambil Kunjachan
19. 31
20. Chanda
21. Good Friday, Ash Monday
22. Mount St. Thomas, Kakkannadu

Catechetical Explanations On The Holy Exucharist

I. Important things in the Church and objects used in liturgy:

Altar: Altar is where the eternal sacrifice of Jesus is reenacted. It symbolizes Calvary, the table of Jesus during last supper, the tomb of Jesus, throne of God and the steps to go up to heaven.

Bema: The raised platform in the middle of the nave or the Churches on which the Liturgy of the word or the first part of the Eucharist is celebrated.

Tabernacle: It is that Holy box in which the Holy Eucharist, the body and blood of Christ, which is the ultimate expression of the presence of God, is kept. It is the symbol of the Ark of the Covenant in the Old Testament.

Eternal Lamp: Special sign of the presence of God, which is kept burning always. It signifies the presence of Jesus in the tabernacle.

Pulpit: The stand in front of the altar for reading the scriptures & for homily.

Liturgical Vestments:

Kottina: Long clerical garment, normally white, worn prior to other liturgical vestments.

Urara: Worn around the neck over Kottina. This is the symbol of priesthood in all liturgical traditions.

Zunara: Belt worn over Kottina at the waist. The symbol of chastity.

Zande: Hand-cuffs worn to keep the hand-cuffs of Kottina in order.

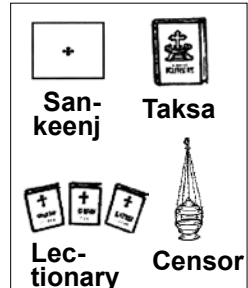
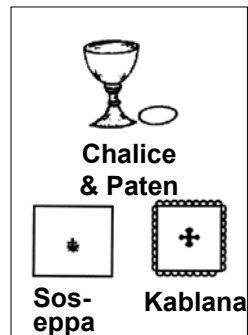
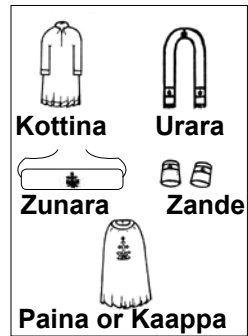
Paina or Kaappa: The outermost liturgical vestment. This is the garment of justice. It signifies the pastoral duty of the priest as well. Since historically it is the outer garment of shepherds.

Liturgical Objects:

Chalice: The cup in which wine and water are poured that are to become the blood of Christ.

Paten: The plate in which bread is kept that is to become the body of Christ.

Soseppa: Square shaped linen with a cross in the middle made out of the same stuff as that of paina,



big enough to cover the chalice and the paten together. In liturgy it signifies the cloth that was used to cover the body of Jesus when he was buried.

Kablana: Square shaped, hard object used to cover chalice.

Ketana: White linen on which chalice and paten are kept.

Sankeenj: The purificator to clean the chalice and paten.

Lectionary: Gospel text, which is brought to the Bema in procession and is proclaimed here from.

Taksa: Literally it means order. In liturgy it indicates the book of prayers, hymns and rituals for Eucharistic celebration.

Censor: Vessel used to burn incense during the divine liturgy.

II. Seven parts of the Holy Eucharist:

Introductory Rites: From the beginning of the Eucharist up to the Resurrection hymn (Lord of all, we praise you). It includes angels hymn, Lord's Prayer, Psalms, incensing and resurrection hymn.

Liturgy of the Word: From Trisagiori (three times praising the hold God with the angels) up to Prayer of the faithful. There are four readings on Sundays and feast days followed by homily. Ordinary days there are only two readings, one from the epistles and the Gospel.

Rite of Preparation: Includes washing hands, preparation of offertory gifts, offertory hymn, offertory prayer, the creed, kissing the altar and request of the priest for prayer from people.

Consecration rites(Anaphora): There are four anaphora prayers. After the third one, there are Consecration or institution narrative and intercessory prayers. After the fourth anaphora, there is invocation of the Holy Spirit (Epiclesis)

Rite of Breaking of bread: This rite includes reconciliation and incensing rites, worshipping and blessing of the holy bread and wine.

Rite of Communion: This includes proclamation of mutual reconciliation with God and fellowmen, Lord's Prayer, receiving communion and prayers for grace.

Concluding rites: Thanksgiving prayers, final blessing and the sealing prayer.

III. Meaning of various rituals in the Holy Eucharist:

Bowing of head: It is the expression of our profound respect and submission to Lord God almighty.

Incensing: There are two purposes for incensing: First is, sanctifying us (the celebrant, the people, the altar and the objects) with the blessed in-

cense, the divine fragrance, the symbol of divine presence. It is the sign of forgiveness of sins and total surrender to God. Secondly, just as the smoke of incense goes up to heaven, our praises and worship are raised to heaven. It is an exhortation that our hearts, mind and thoughts should raise up to heaven along with the incensing.

Washing of hands: The celebrant washes his hands with a prayer before the offertory. This signifies that God in his abundant mercy cleanses the celebrant and the community and purify their hearts. It reminds us also the washing of feet by Jesus during the last supper.

Preparation of host and wine, the offertory gifts: Host represents the body of Christ and wine represents the blood of Christ. Adding water into wine is the symbol of the blood and water that was poured out of the side of Jesus, when he was pierced with a lance on the Cross.

Offertory prayer with hands crossed: The celebrant takes chalice with wine in right hand and paten with host in the left and raises with hands in the form of cross. This symbolizes the death of Jesus on the cross. It reminds us of the self sacrifice of Jesus on the cross in Calvary.

Kissing the altar: After the offertory, approaching the altar the celebrant bows three times and then kisses the altar in the middle and on both sides. This is to show respect and veneration to the most Holy Trinity, the Father, the Son and the Holy Spirit.

Exchange of peace: The celebrant offers peace of Christ to the faithful raising his hands and with the sign of cross. And the faithful receives this offer of peace with bowed head. Following this the faithful offer one another the peace of Christ that was received through the celebrant.

Consecration (Institution) words: This is one of the most important part of the Holy Eucharist. It is the commemoration of what Jesus did during the last supper as he was instituting Holy Eucharist for us. As we join in the Consecration, we experience the same incident as Jesus and his disciples experienced during last supper. Holy Eucharist is the reenactment of that first sacrifice of Jesus as he had commanded us to do in his memory.

Ringin bell: Bell is to bring to the mind of the people the importance of the rituals in the Eucharist. It evokes in our minds a spirit of devotion and worship.

Epiclesis (Prayer of inviting the Holy Spirit): This is another most important part of the Holy Eucharist. The celebrant prays to the Almighty Father to send his Holy Spirit on the gifts and sanctify them, by which the bread and wine on the altar becomes the body and blood of our Lord Jesus.

The elevation of the bread: The holy bread that has become the living body and blood of Christ through Consecration words an sanctification by

the Holy Spirit (Epiclesis) is raised to signify the resurrection and apparitions of Jesus. When Jesus was appeared to his disciples after resurrection, the disciples worshipped him saying “My God and My Lord”. In the same way, the faithful worship the risen Lord at this time.

Breaking of the Bread: After the elevation of the holy bread, the celebrant breaks the bread into two and blesses the wine with one half of the bread. Then he blesses the part of the bread with the other half that was dipped in wine. Then hold the host together and prays for various intentions. This reminds the body of Christ broken by death and re-joined in resurrection.

Receiving Communion: This is the ritual of receiving the blessed and sanctified body and blood of Christ just as Jesus gave bread and wine to his disciples during last supper as his body and blood. As we receive Holy Communion from the minister, we receive it from the hands of Jesus himself.

Final blessing: Eucharist concluded with a blessing just as Jesus blessed his disciples before he ascended into heaven after having entrusted his mission to the disciples. Having received the body and blood of Jesus and his blessing, we go to continue the mission and sacrifice of Jesus in our lives.

IV. Some General Instructions:

1. Position of the faithful during the Holy Eucharist:

Standing: According to the Eastern liturgical tradition, during liturgy, most of the time people are in standing position. Standing is symbol of attentiveness and happiness. It is an expression of praising God and a symbol of participating in the resurrection of Jesus.

Sitting: People sit down at the time of readings, before Gospel, homily and after receiving communion. Sitting is a sign of peacefulness, tranquility and attentiveness. It is to listen to the proclamation and for silent prayer.

Kneeling: During the most important parts of the Holy Eucharist such as Consecration, invoking the coming of the Holy Spirit and at elevation, it is desirable that we kneel down and pray. It is the expression of profound humility, worship, reconciliation and repentance.

2. Liturgical hymns:

Through the songs in liturgy we adore and worship God, ask for his forgiveness and pardon from the Lord and we make intercessions. The songs are to be sung by the community together. The choir is supposed to lead the people into singing and praying. They have to be appropriate to the spirit of Eucharist, meaningful and capable of raising the people into prayer.

- Introductory hymn (Optional)
- Commemorative hymn (Annaa pesaha thirunaalil)
- Gloria (Athyunnathanamaam swarlokathil)
- Lord's Prayer (Svargasthithanaam thaathanin)
- Psalam (Karthave mama raajaave) + (Optional)
- Resurrection hymn (Sarvadhianaam Karthaave)
- Trisagion (Shabdhamuyarthipaadituvin)
- Hymn of Praise (Ambaramanavaratham)
- Gospel Hymn (Halleluiahpadeetunnen) + (Optional)
- Offertory hymn (Mishihaa karthaavin kripayum) + (Optional)
- Commemorative hymn (Thaathanumathupol)
- Hymn of profession (cread) (Sarvashakthathaathanam)
- Hymn of invocation (Mishihaa karthaavin kripayum)
- Hossanna hymn (Onnayuchaswarathilavar) + (Optional)
- Hymn of repentance (Dheivameyennil kaniyename)
- Hymn of adoration (Rakshakaneeshothan)
- Hymn of reconciliation (Aparaadhangal neekkaname)
- Communion hymn (Optional)
- Blessing hymn (Karthaavam Mishihaavazhiyai)
- Concluding hymn (Optional)

SOME SYRIAN TERMINOLOGIES:

Karozusa: Proclamation or preaching of litanic intercessory prayers.

Madbhaha: Sanctuary that is the sum total of the place things and objects for liturgical service.

Pesaha: Literal meaning is Passover. Original significance is that of the Passover of Israel from the slavery of Egypt. Commemoration of the last supper of Jesus with his disciples.

Qudaasa: Literally it means sanctifying; rendering holy etc. it signifies celebration of the Holy Mysteries and other sacraments.

Qurbaana: Literally it means offering. It indicates the celebration of Holy Eucharist.

Raaza: Signifies most solemn form of Eucharistic celebration.

BASIC CATECHISM

Sign of The Cross

By the sign of the Holy Cross + protect us, O Lord + from our enemies + in the name of the Father, + and of the Son and of the Holy Spirit. Amen

Glory

Glory be to the Father and to the Son/ and to the Holy Spirit. As it was in the beginning/ is now and ever shall be/ world without end. Amen

The 'I Confess'

I confess to almighty God/ and to you my brothers and sisters/ that I have sinned through my own fault/ in my thoughts and in my word, in what I have done/ and in what I failed to do, and I ask blessed Mary ever Virgin, all the angels and saints and you/ my brothers and sisters/ to pray for me to the Lord, our God. Amen.

Act of Contrition

O My God, I am sorry for all my sins, because they displease You. You are all good and deserving of all my love. With your help, I will sin no more.

The Apostles' Creed

I believe in God, the Father Almighty/ Creator of heaven and earth/ I believe in Jesus Christ/ His only Son our Lord/ He was conceived by the power of the Holy Spirit/ and born of the Virgin Mary/ He suffered under Pontius Pilate/ was Crucified, died and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven/ and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in Holy Spirit, the Holy Catholic Church, the Communion of Saints/ the forgiveness of sins, the resurrection of the body/ and life everlasting. Amen

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, Hail, our life, our sweetness and our hope! To you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears; turn then, most gracious advocate, your eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of your. Womb, Jesus.

O! Clement, O! Loving, O! Sweet Virgin Mary. Amen

The Prayer of St. Bernard (Memorare)

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intervention, was left unaided. Inspired with this confidence, I fly to you, O Virgin of Virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate! Despise not my petitions, but in your mercy hear and answer me. Amen

BASIC CATECHISM

The Angelus

The Angel of the Lord declared unto Mary;
And she conceived by the Holy Spirit (Hail Mary...)
Behold the handmaid of the Lord;
Be it done unto me according to Your Word (Hail Mary...)

The Word was made-flesh;
And dwelt among us. (Hail Mary...)
V. Pray for us, O Holy Mother of God,
R That we may be made worthy of the promises of Christ.

Let us Pray

Pour forth, we beseech You, O Lord, Your grace into our hearts, that we, to whom the incarnation of Christ Your Son was made known by the message of an angel, may by his passion and cross be brought to the glory of His Resurrection, through the same Christ our Lord, Amen.
Glory be to the Father,...(3)

The Ten Commandments of God

1. I am the Lord your God and you shall not have other Gods than me.
2. You shall not take the name of the Lord, your God in vain.
3. Remember that you keep holy the Sabbath day.
4. Honour your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbour.
9. You shall not covet your neighbour's wife.
10. You shall not covet your neighbour's goods.

The Five Precepts of The Church

1. To keep the Sundays and Holy days of obligation Holy, by attending Mass and resting from servile work.
2. To keep the days of fasting and abstinence appointed by the Church.
3. To go to Confession at least once a year and receive the Holy Communion at least once a year and that at Easter or thereabouts.
4. To contribute to the support of our Church and pastors.
5. Not to marry within certain degrees of kindred and do not solemnise marriage at the forbidden times (Lenten Season).

BASIC CATECHISM

Requisites of A Good Confession

- Recollect for some time and recall to mind the sins committed.
- Be sorry for the sins - Contrition or at least attrition.
- Resolve resolutely not to commit sin any more (Avoid the sins and sinful circumstances/persons).
- Say Clearly to the confessor, all the sins committed.
- Attend keenly to the instructions of the confessor and decide to perform the penance at the earliest.

Seven Gifts of The Holy Sprit

- Wisdom
- Understanding
- Counsel
- Fortitude
- Knowledge
- Piety
- Fear of God

Fruits of The Holy Sprit

- Charity
- Joy
- Peace
- Patience
- Benignity
- Goodness
- Longanimity
- Mildness
- Faith
- Modesty
- Continency
- Chastity

Theological Virtues

- Faith
- Hope
- Charity (Love)

Cardinal Virtues

- Prudence
- Justice
- Fortitude
- Temperance

Internal Assessment Scheme (IAS) 2015-16

	JULY 2015			AUGUST 2015			SEPTEMBER 2015			OCTOBER 2015			NOVEMBER 2015			TOTAL							
	05	12	19	26	02	09	16	23	30	06	13	20	27	04	11	18	25	01	08	15	SEM.1		
Participation in the Holy Mass																							
● Sunday																							
● Other Days																							
Punctuality																							
Holy Communion																							
Confession																							
Family Prayer																							
Family Units																							
Family Catechism Hour																							
Class Test/Logos																							
No of Library Books Read																							
Participation of Parents																							
Behavior in the Class																							
Other Activities																							
Remarks																							

Internal Assessment Scheme (IAS) 2015-16

	NOVEMBER 2015		DECEMBER 2015				JANUARY 2016				FEBRUARY 2016				MARCH 2016				APRIL 2016		TOTAL		
	22	29	06	13	20	27	03	10	17	24	31	07	14	21	28	06	13	20	27	03	10	SEM. 2	
Participation in the Holy Mass																							
● Sunday																							
● Other Days																							
Punctuality																							
Holy Communion																							
Confession																							
Family Prayer																							
Family Units																							
Family Catechism Hour																							
Class Test/Logos																							
No of Library Books Read																							
Participation of Parents																							
Behavior in the Class																							
Other Activities																							
Remarks																							

SCHOLARSHIP EXAMINATION 2014-15

2nd And 3rd Rank Holders

2nd Rank



Anjali Roy, Kalkaji
Class-I



Ann Mariya Aji, Pushp
Vihar, Class- II



Riya Varghese,
Motiakhan, Class-III



Alina Mathew,
Palam, Class IV



Sneha Maria Shelgi,
Hari Nagar, Class V



Jerome Shijo, Mayur
Vihar 3, Class VI



Shalat Jayan, Hari
Nagar, Class VII



Flerin Thomas,
Kalkaji, Class VIII



Aivy Sabu, Mayur
Vihar 3, Class IX



Neha Sam, Motia
Khan, Class X



Nikhila Mathew,
Mayur Vihar 3, Class XI



Elizabeth James,
Jasola, Class XII

3rd Rank



Jisna Biju, Jasola,
Class-I



Riyu Sheelu,
Vikas Puri, Class-II



Maria Monica Philip
Jasola, Class-II



Alita Soji,
Tagore Garden, Class-III



Anto Jose, Vaishali,
Class IV



Sania Johnson,
Jasola, Class V



Ananya Jaison,
Kalkaji, Class VI



Remya Saji, Palam,
Class VII



Anisha Mathews,
Jasola, Class VIII



Divya M S,
Janakpuri, Class IX



Ashly Sibichan,
Jasola, Class X



Jacqueline Joseph,
Jasola, Class XI



Jithin C Glennym
Mayur Vihar 3,
Class XII

CATECHETICAL ANTHEM

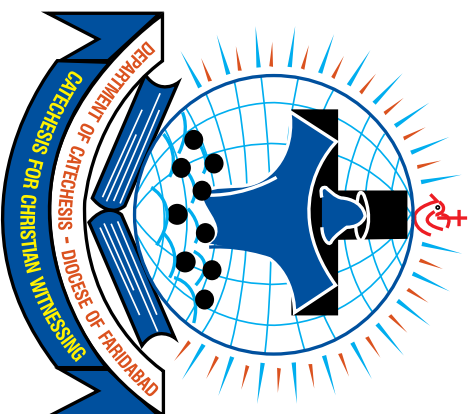
We are bound together
With the Chords of love
To build a community
To learn and grow

Proclaiming one faith in Trinity
Living our true identity
Lighting the lamp of Charity
Leading a life of Sanctity

We are blend together
With the strings of Hope
As branches of the Vine
To bear much fruit

God is our Loving Father dear
We confess Jesus our Sav-
our
Spirit our Holy sanctifier
St. Thomas, our heavenly
patron here.

CATECHETICAL LOGO



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1B/32, N.E.A., Old Rajender Nagar,
New Delhi – 110 060
Phone: 011-25759160
E-mail: dsrncatechism@gmail.com
Website : www.catechismfaridabad.com

CATECHETICAL PLEDGE

In the name of God / I, the
catechism student / pledge
myself / to be faithful to
my call / towards universal
brotherhood / and Christian
holiness. I love my Church.
I am proud of / its rich and
varied spiritual heritage. I
pledge myself / to abide by
the teachings of the Church.
I shall attend / the catechism
classes regularly. I pledge to
respect and honor / the Pope,
Major Archbishop / Archbishop
/ the parish priest / teachers /
and my parents. Lord Jesus,
bless all of us.